



# MOUNTAIN EMERGENCY MEDICINE COURSE SUMMER

**Including canyoning, HUET and AHEMS topics according to DiMM regulations (ICAR, ISMM, UIAA).**

## Course program

### Day 1

- Introduction to mountain rescues in the Alps
- Helicopter Procedures / Operations (tactics / dynamic hoisting / longline)
- Hovering and longline operations practice on the ground
- Training with the helicopter (hovering + longline) in mountain terrain

### Day 2

- Medical considerations in the mountains
- Helicopter emergency procedures
- Terrestrial rescue scenario

### Day 3

- Helicopter load transfer system of vertical walls
- Helicopter rescue exercise
- Moving to Ticino

### Day 4

- Theory and basic canyoneering skills
- Tyrolienne exercise
- Swift water swimming and rescue
- Medical: drowning and hypothermia

### Day 5

- Basic canyon rescue techniques, belay stations, pulley systems, ascent technique
- Practical training in a short canyon
- Theory on cave rescue

### Day 6

- Practical canyon advanced training in a longer canyon
- Advanced canyon rescue techniques and various recovery techniques

### Day 7

- Canyon tour with various exercises, survival & rescue scenario
- Exam
- Moving to Sursee

### Day 8

- HUET (Helicopter Underwater Escape Training)
- Conclusion

### Point of contact

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