



MOUNTAIN EMERGENCY MEDICINE COURSE SUMMER

including canyoning and AHEMS topics according to DiMM regulations (ICAR, ISMM, UIAA)

Course program

Saturday

- Check of the basic skills
- Theory Helicopter, MERS/HEC, Hovering
- The same in practice

Sunday

- Medical setting, theory and workshops
- Emergency Procedures in air rescue
- Terrestrial rescue scenario exercise
- Preparing the canyoning material

Monday

- Load transfer system in theory & practice
- Air rescue scenario exercise
- Moving to Ticino

Tuesday

- Theory and dry practice in canyon basic skills
- Tyrolienne exercise
- Swift water swimming and rescue, workshops for drowning and hypothermia

Wednesday

- Practical canyon basic training in a short canyon
- Basic canyon and mountaineering rescue techniques, belay stations, pulley systems, ascent technique
- Theory on cave rescue

Thursday

- Practical canyon advanced training in a longer canyon
- Advanced canyon and mountaineering rescue and recovery techniques

Friday

- Canyon tour with various exercises, survival & rescue scenario
- Conclusion event

Saturday

- Questions and discussion
- Exam
- Moving to Zermatt
- Conclusion

Point of contact

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